

## Literacy, SEL, and Global Citizenship in Your K-3 Classroom

Presenters:  
Lisa Thomas & Jen Kelly

Wednesday, February 15th

3:15 – 4:15pm

\*Workshop resources available at [padlet.com/POPEY](https://padlet.com/POPEY)

## Today we are exploring...



Strategies, resources and ideas to incorporate social emotional learning and opportunities for local and global citizenship into K-3 literacy activities



## How do you take care of yourself?

Choose and reflect on ONE question, and share your answer in the chat box...

1

How do you carve out 'me time' during the work day, and what do you do?

2

How do you unwind & recharge after work?

3

How do you care for yourself when you've had a stressful day?

4

What morning routine helps you prepare emotionally for the day?

5

How do you make time for exercise, and what kind of exercise do you like to do?

6

What do you do with your friends or family that re-energizes you?

## The Importance of Nurturing Students' SEL



I asked 1000s of educators their top concerns about students.

Top 3 are:

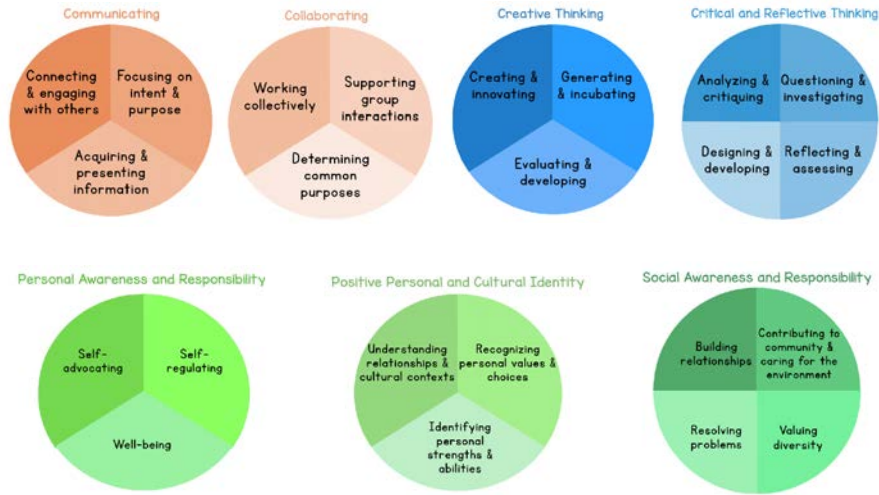
- Anxiety/Mental Health
- Emotion Regulation (frustration, focus)
- Behavior (talking back, kindness)

If that doesn't make the case for teaching [#EmotionalIntelligence](#) and [#SEL](#), what will? [@rulerapproach](#)

5:14 AM · Feb 3, 2023 · 5,061 Views



## The Facets of BC's Core Competencies



[POPEY Core Competencies Facets Summary – Final Curriculum](#)

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## Why Books, the Core Competencies, and SEL?

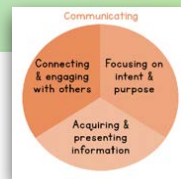
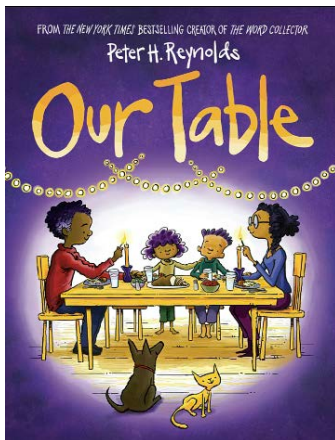
- ★ easy & fun way to be more intentional about supporting the Core Competencies
- ★ stimulates natural curiosity
- ★ helps children to better understand concepts & life's experiences
- ★ promotes insights into human behaviours, emotions, learning situations...
- ★ helps to develop social, problem-solving, communication, & thinking skills
- ★ helps children to acquire, practice & become fluent in these skills



Adapted from – [Using Children's Books to Support Social-Emotional Development](#) – NAEYC

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## Our Table - Read Aloud



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## Our Table - Reflection, Drawing & Writing Activity

- ★ source needed for activity

The table in the book was “a place to come together to share stories and make memories.”

- Draw a picture of a table in your life.
- Include the people you care about at the table.
- Write a brief story (5 – 6 sentences or more) describing a memory you have of a gathering at your table.
- If you'd like to, please share your story in the chat box when the music ends



What competencies does this support?



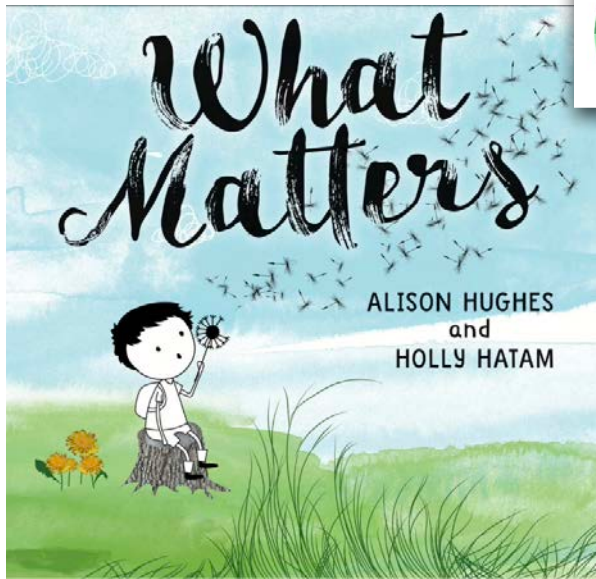
[Learning to Give](#)

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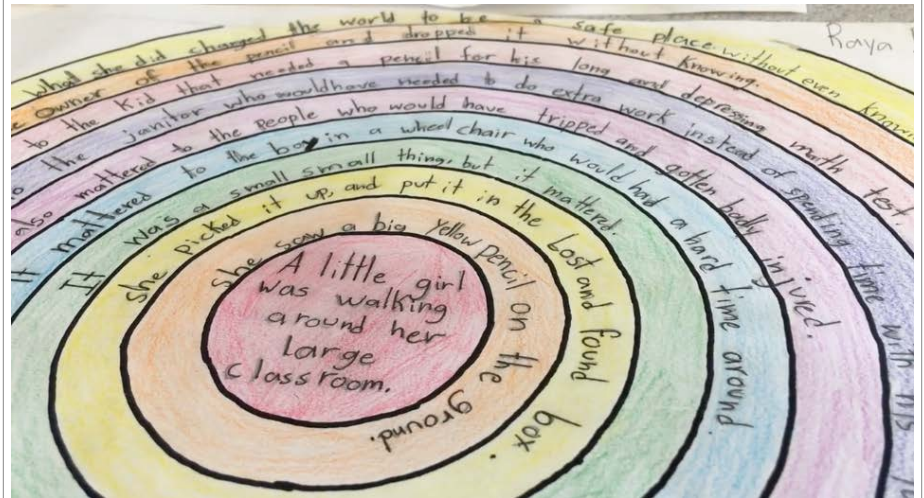




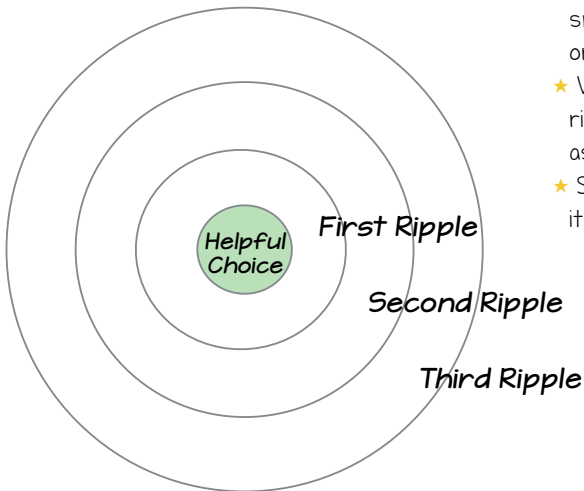
## What Matters - Read Aloud



## What Matters - The Ripple Effect



## Your Turn - The Ripple Effect

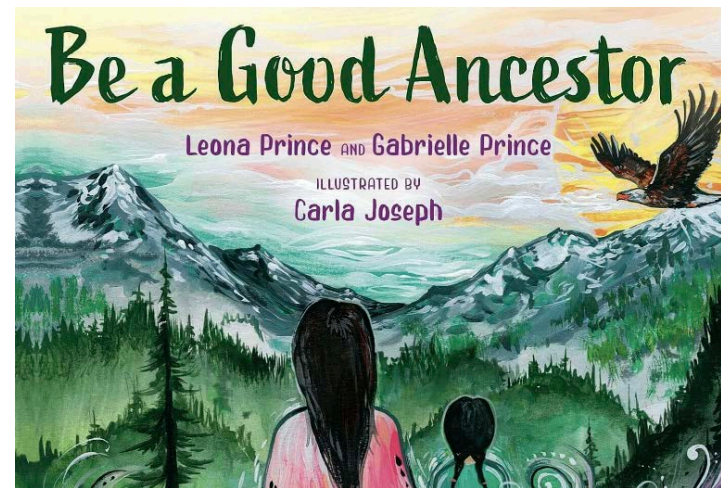


- ★ Reflect on or imagine a small but good deed you did, or could do
- ★ Write down 2-3 positive ripples that did/could happen as a result
- ★ Share your helpful act and its ripples in the chat box...

To:  [Type message here...]



## Be a Good Ancestor - Read Aloud





## Reflections & Next Steps

Reflect on the activities & resources shared today:

- CASEL's resources on SEL
- BC's Core Competencies
- Mentor texts to launch SEL connections, conversations, thinking, and actions:
  - \* Our Table
  - \* The Peace Book
  - \* What Matters
  - \* Be a Good Ancestor

Choose **ONE** thing you're most likely to try in your classroom or role. **Share** it in the ChatBox...

To: Everyone  
[Type message here...]

## Sources

[POPEY's Padlet](#)

### Info Links

more info links are available on our [website](#)

[The Collaborative for Social Emotional Learning – CASEL](#)

[What is SEL? – CASEL](#)

[5 Keys to SEL – Edutopia](#)

[BC Ministry of Education's Core Competencies](#)

[Using Children's Books to Support Social-Emotional Development – NAEYC](#)

[RULER's Approach to Social Emotional Learning](#)

[Surrey Schools & Lyndsay James – What Matters & the Ripple Effect](#)

[Learning to Give](#)

### Videos

more videos are available on our [YouTube channel](#)

[CBC Kids: A Whale's Tale – YouTube](#)

[Todd Parr – The Peace Book](#)

### Books

Learning with Nature – Robb, Mew & Packham



We hope to see you again soon...

Wednesday, February 22nd – Fostering Curiosity Through Conversation



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