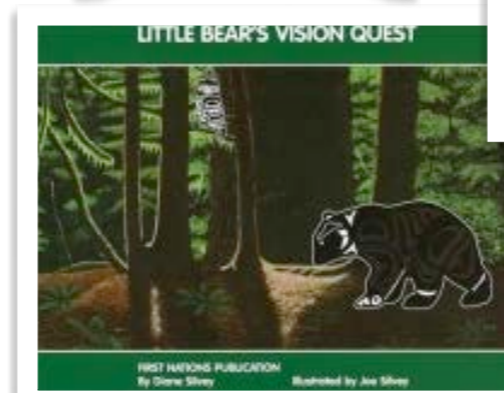
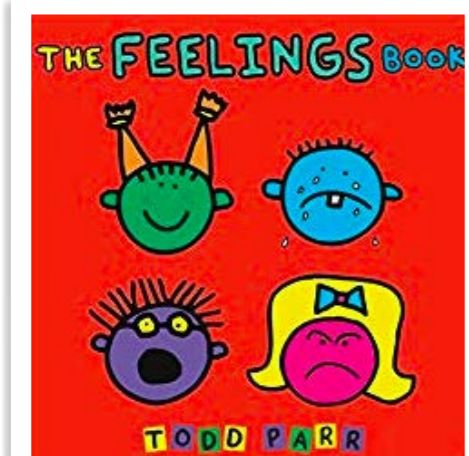
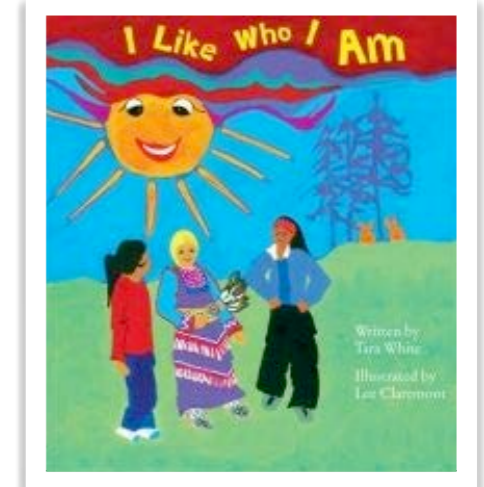
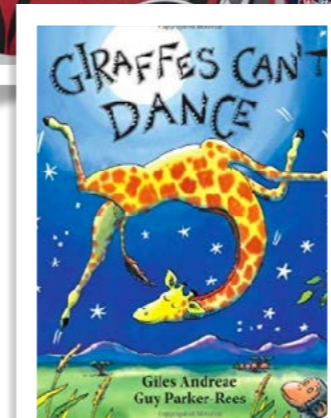
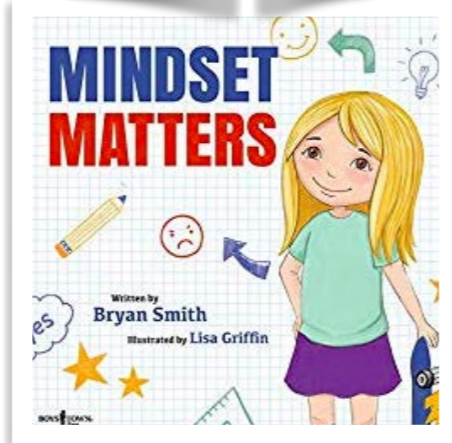
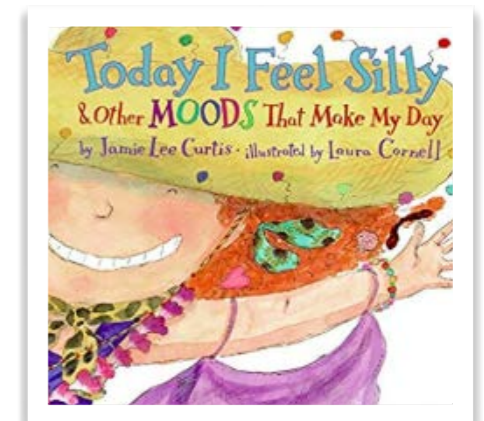
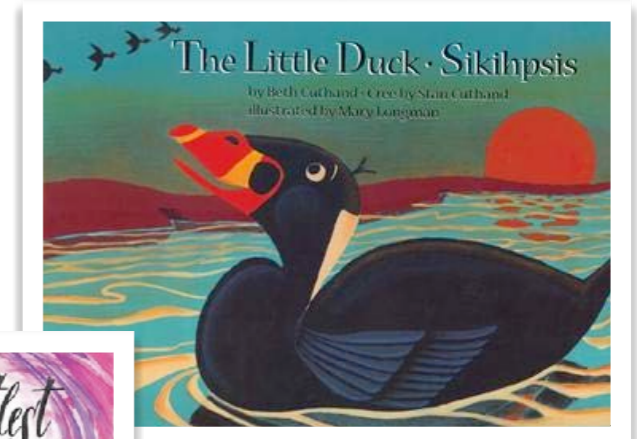
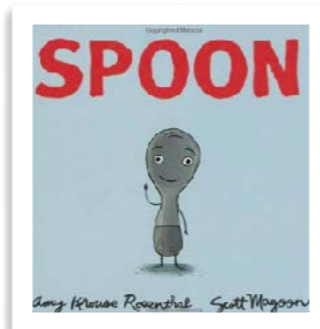
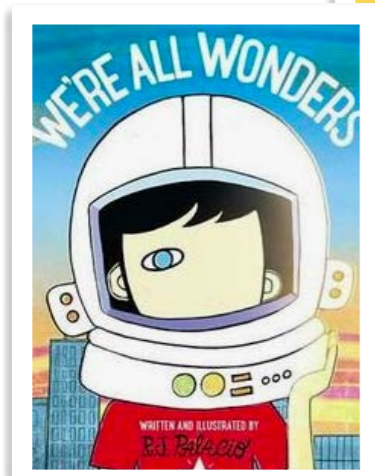


# Social Emotional Learning Competencies

## Self-Awareness Book Ideas



images from [amazon.ca](https://www.amazon.ca)

# Social Emotional Learning Competencies



## Ways to Integrate Self-Awareness

Create a classroom environment designed to help children feel safe

Create visual resources to teach emotional vocabulary

Highlight each child's talents and abilities

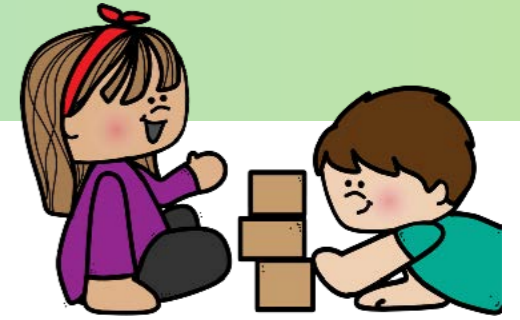
Share personal experiences about taking on and meeting challenges

# Social Emotional Learning Competencies

## Self-Management Book Ideas



# Social Emotional Learning Competencies



## Ways to Integrate Self-Management

Create visual resources to help support stress management

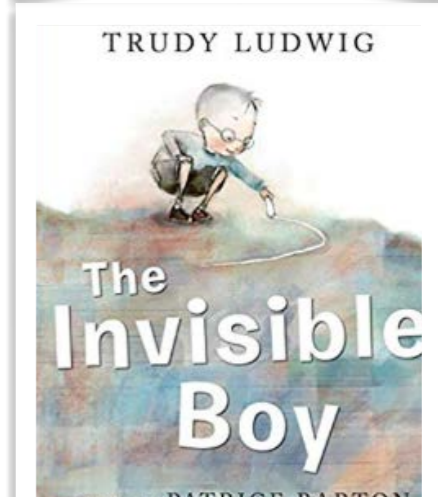
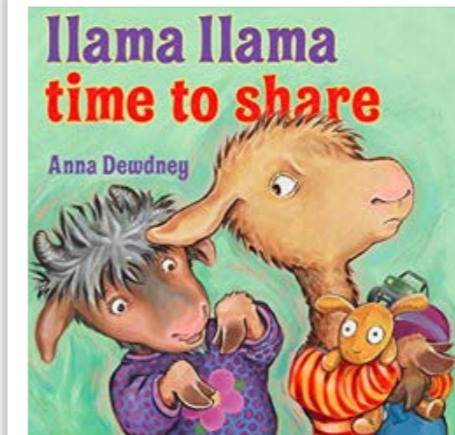
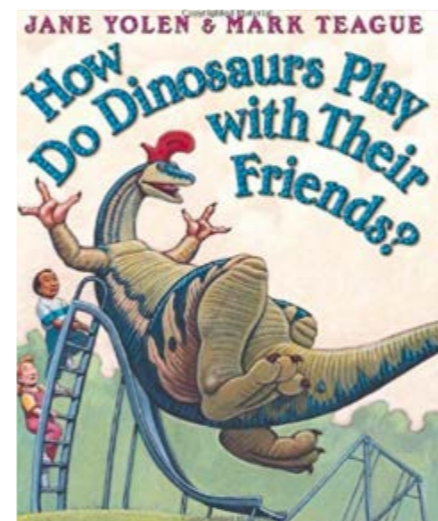
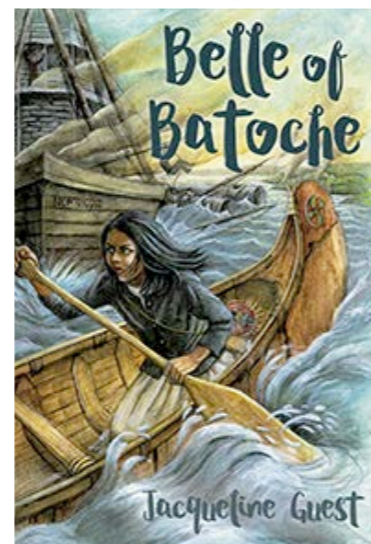
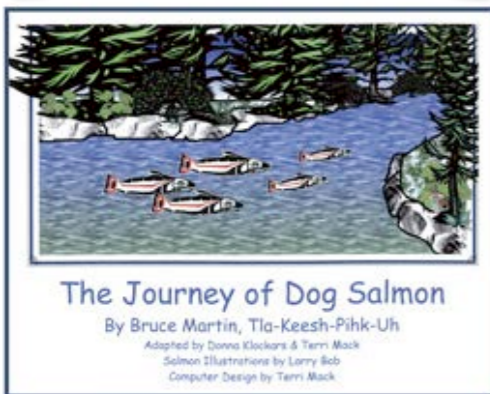
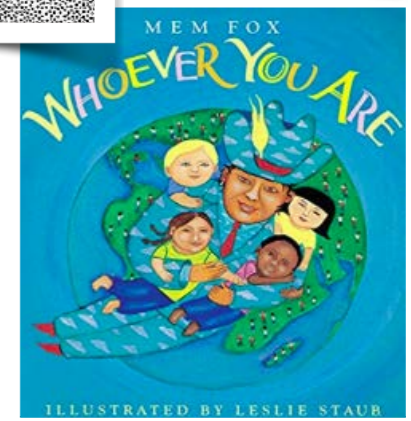
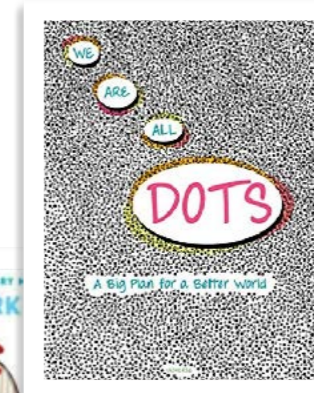
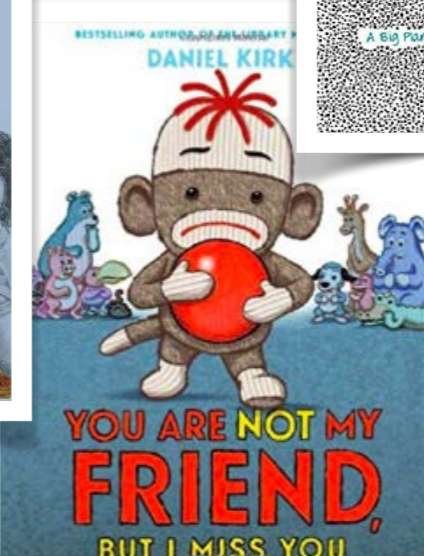
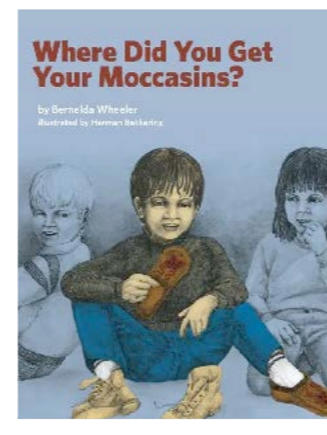
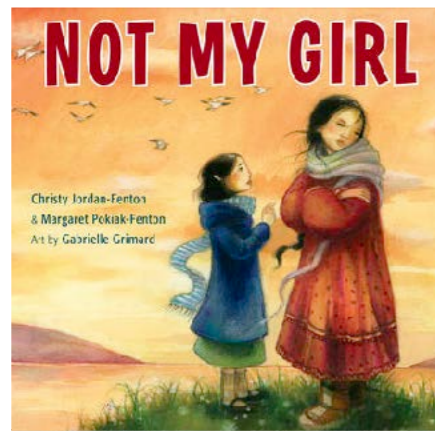
Include stress management routines as part of the daily schedule

Provide stress balls, quiet areas, and calm down kits

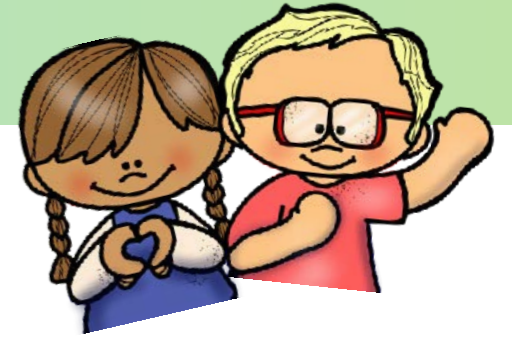
Teach problem solving strategies and routines

# Social Emotional Learning Competencies

## Social Awareness Book Ideas



# Social Emotional Learning Competencies



## Ways to Integrate Social Awareness

Use circle time for discussion – personal and academic

Model and encourage use of “I” statements to explain feelings

Model and encourage use of active listening

Establish and reinforce teamwork guidelines

# Social Emotional Learning Competencies

## Relationship Skills Book Ideas



images from [amazon.ca](https://www.amazon.ca)

# Social Emotional Learning Competencies



## Ways to Integrate Relationship Skills

Model and teach how to have a good discussion

Use circle time, morning meetings, and fishbowls for discussion

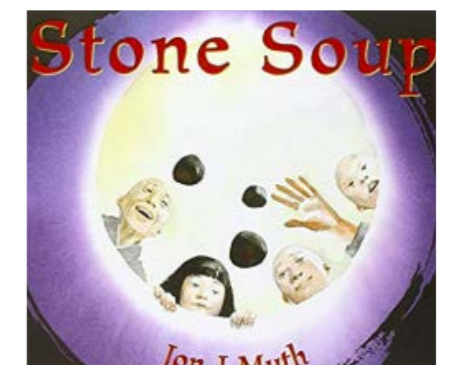
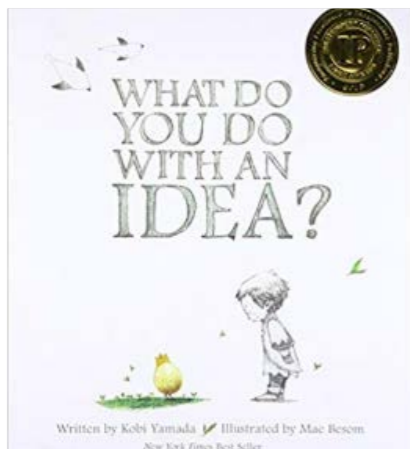
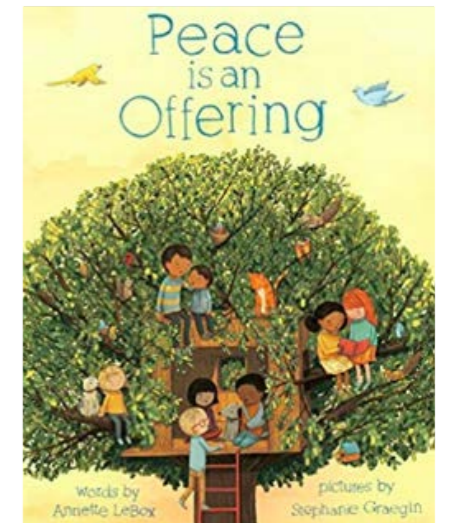
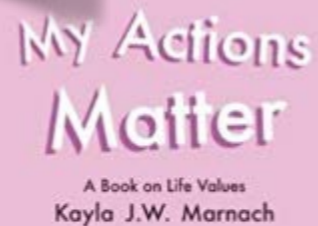
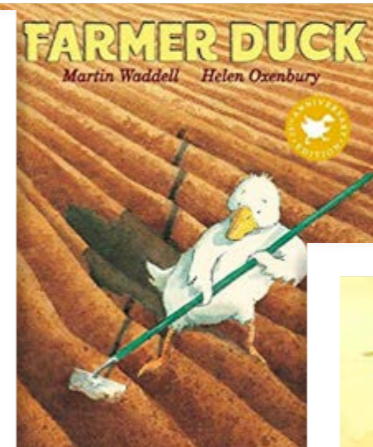
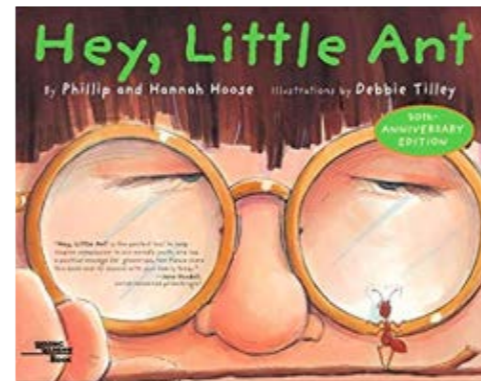
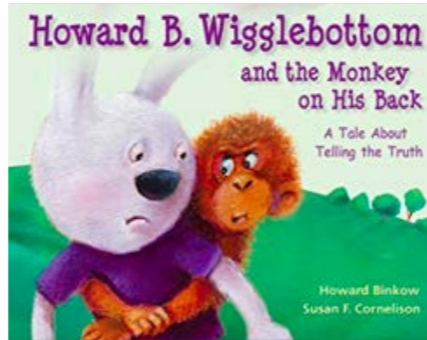
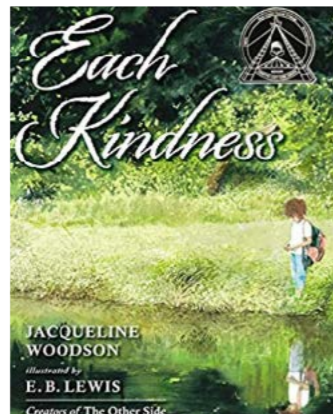
Set up routines for regular partner and teamwork

Model, prompt, and reinforce – turn taking, sharing, and active listening



# Social Emotional Learning Competencies

## Responsible Decision Making Skills



images from [amazon.ca](https://www.amazon.ca)

# Social Emotional Learning Competencies



## Ways to Integrate Responsible Decision Making Skills

Model and  
teach how to  
work through  
a problem

Discuss  
ethical issues  
presented in  
stories/texts

Provide  
opportunities  
for  
classroom or  
community  
service

Provide  
opportunities  
for student  
choice/input  
and  
leadership